

COVID-19 Management School Toolkit

December 4, 2020



This toolkit is intended to be used by school boards and schools to manage COVID-19 in a school setting. These tools also apply to childcare centres and before/after school programs that operate within schools. This toolkit includes the following:

- COVID-19 School Screening
- COVID-19 Screening Tool for Employees and Essential Visitors in Schools and Child Care Settings
- Assessing PPE Use in Schools
- Managing Students with COVID-19 Symptoms at School - Instructions for Staff
- Return to School Protocols for Students and Staff
- School Protocol When Staff or Students Test Positive for COVID-19
- Communication Protocol for COVID-19 Case
- Recommendations for Schools During a COVID-19 Outbreak
- School Outbreak Poster
- **Appendix- Parent Resources**
 - » Should My Child Attend School? - Flow Chart
 - » Your Child Had Symptoms While at School
 - » Back to School Confirmation Form

Key Information

Local Public Health Units (PHU):

- [Leeds, Grenville & Lanark District Health Unit](#): 1-866-236-0123
- [Eastern Ontario Health Unit](#): 1-800-267-7120 (press "5")

COVID-19 School Online Screening Tool

This provincial [screening tool](#) is intended to be used by parents, students, employees and visitors. This tool provides guidance on whether or not it is advised to go to school or work, along with next steps.

Note: the symptom changes made by the Ministry of Health apply only to children.

To find a local COVID-19 Assessment Centre:

- [Leeds, Grenville & Lanark](#)
- [Eastern Ontario](#)

Local School COVID-19 Cases and Statistics

To assist school boards and schools with their provincial COVID-19 reporting requirements, the local public health units have developed webpages to host information on outbreaks in a school setting. The Government of Ontario provides information about COVID 19 [cases in schools](#).

- [Leeds Grenville & Lanark District Health Unit](#)
- [Eastern Ontario Health Unit](#)

COVID-19 Screening tool for students and children in school and child care

Version 3: October 5, 2020

Students and children must screen for COVID-19 every day before going to school or child care.
Parents/guardians can fill this out on behalf of a child.

Date (mm-dd-yyyy) _____

Screening Questions (place an "X" in the appropriate column)

1. Are they currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Fever and/or chills Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing, not related to other known causes or conditions (for example, asthma, post-infectious reactive airways)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Shortness of breath Out of breath, unable to breathe deeply, not related to other known causes or conditions (for example, asthma)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Decrease or loss of smell or taste Not related to other known causes or conditions (for example, allergies, neurological disorders)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

2. Are they currently experiencing any of these symptoms?

Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Sore throat or difficulty swallowing Painful swallowing, not related to other known causes or conditions (for example, seasonal allergies, acid reflux)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Runny or stuffy/congested nose Not related to other known causes or conditions (for example, seasonal allergies, being outside in cold weather)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Headache that's unusual or long lasting Not related to other known causes or conditions (for example, tension-type headaches, chronic migraines)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Nausea, vomiting and/or diarrhea Not related to other known causes or conditions (for example, irritable bowel syndrome, anxiety in children, menstrual cramps)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Extreme tiredness that is unusual or muscle aches Fatigue, lack of energy, poor feeding in infants, not related to other known causes or conditions (for example, depression, insomnia, thyroid dysfunction, sudden injury)	<input type="checkbox"/> Yes	<input type="checkbox"/> No

3. Have they travelled outside of Canada in the last 14 days?

Yes No

4. In the last 14 days, has a public health unit identified them as a close contact of someone who currently has COVID-19?

Yes No

5. Has a doctor, health care provider, or public health unit told them/you that they should currently be isolating (staying at home)?

Yes No


6. In the last 14 days, have they received a COVID Alert exposure notification on their cell phone?

Yes No

Results of Screening Questions

 If you answered "YES" to any of the symptoms included under question 1:

- Contact the school/child care to let them know about this result.
- They should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.
- Household members without symptoms may go to school/child care/work. Check your local public health unit's website or call to see if they have different rules based on local risk.

 If you answered "YES" to only one of the symptoms included under question 2:

- Contact the school/child care to let them know about this result.
- They should isolate (stay home) for 24 hours and not leave except for a medical emergency.
- After 24 hours if their symptom is improving, they can return to school/child care when they feel well enough to go. They do not need to get tested.
- Household members without symptoms may go to school/child care/work. Check your local public health unit's website or call to see if they have different rules based on local risk.

 If you answered "YES" to two or more of the symptoms included under question 2:

- Contact the school/child care to let them know about this result.
- They should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.
- Household members without symptoms may go to school/child care/work. Check your local public health unit's website or call to see if they have different rules based on local risk.

 If you answered "YES" to question 3, 4 or 5:

- Contact the school/child care to let them know about this result.
- They should isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if they need a COVID-19 test.

 If you answered "NO" to all questions, your child may go to school/child care.

Public Health Ontario - Contact Tracing

Answering these questions is optional. This information will only be used by Public Health officials for contact tracing. All information will be deleted in 28 days.

Date: _____

Name: _____

Phone or Email: _____

COVID-19 Screening tool for employees and essential visitors in schools and child care settings

Version 3: October 5, 2020

Date (mm-dd-yyyy) _____

Screening Questions (place an "X" in the appropriate column)

1. **Are you currently experiencing any of these symptoms?** Choose any/all that are new, worsening, and not related to other known causes or medical conditions.

Fever and/or chills Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing, not related to other known causes or conditions (for example, asthma, post-infectious reactive airways)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Shortness of breath Out of breath, unable to breathe deeply, not related to other known causes or conditions (for example, asthma)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Sore throat Not related to other known causes or conditions (for example, seasonal allergies, acid reflux)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Difficulty swallowing Painful swallowing, not related to other known causes or conditions	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Runny or stuffy/congested nose Not related to other known causes or conditions (for example, seasonal allergies, being outside in cold weather)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Pink eye Conjunctivitis, not related to other known causes or conditions (for example, reoccurring styes)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Headache that's unusual or long lasting Not related to other known causes or conditions (for example, tension-type headaches, chronic migraines)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Digestive issues like nausea/vomiting, diarrhea, stomach pain Not related to other known causes or conditions (for example, irritable bowel syndrome, menstrual cramps)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Muscle aches that are unusual or long lasting Not related to other known causes or conditions (for example, a sudden injury, fibromyalgia)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Extreme tiredness that is unusual Fatigue, lack of energy, not related to other known causes or conditions (for example, depression, insomnia, thyroid dysfunction)	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Falling down often For older people	<input type="checkbox"/> Yes	<input type="checkbox"/> No

2. Have you travelled outside of Canada in the last 14 days?

Yes No

3. In the last 14 days, has a public health unit identified you as a close contact of someone who currently has COVID-19?

Yes No

4. Has a doctor, health care provider, or public health unit told you that you should currently be isolating (staying at home)?

Yes No

5. In the last 14 days, have you received a COVID Alert exposure notification on your cell phone?

Yes No

If you already went for a test and got a negative result, select "No."

Results of Screening Questions

 If you answered "YES" to any of the symptoms included under question 1:

- Contact the school/child care to let them know about this result.
- You should isolate (stay home) and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if you need a COVID-19 test.
- Household members without symptoms may go to school/child care/work. Check your local public health unit's website or call to see if they have different rules based on local risk.

 If you answered "YES" to question 2 or 4:

- Contact the school/child care to let them know about this result.
- You should isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
- Follow the advice of public health. You can return to school/child care only after you are cleared by your local public health unit.
- Household members without symptoms may go to school/child care/work. Check your local public health unit's website or call to see if they have different rules based on local risk.

 If you answered "YES" to question 3:

- Contact the school/child care to let them know about this result.
- You should isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
- Talk with a doctor/health care provider to get advice or an assessment, including if you need a COVID-19 test. You can return to school/child care only when you are cleared by your local public health unit, regardless of test result.

 If you answered "YES" to question 5:

- Contact the school/child care to let them know about this result.
- You should isolate (stay home) for 14 days and not leave except to get tested or for a medical emergency.
- Visit an assessment centre to get a COVID-19 test. Talk with a doctor/health care provider for more advice.

 If you answered "NO" to all questions, you may go to school/child care.

Public Health Ontario - Contact Tracing

Answering these questions is optional. This information will only be used by Public Health officials for contact tracing. All information will be deleted in 28 days.

Date: _____

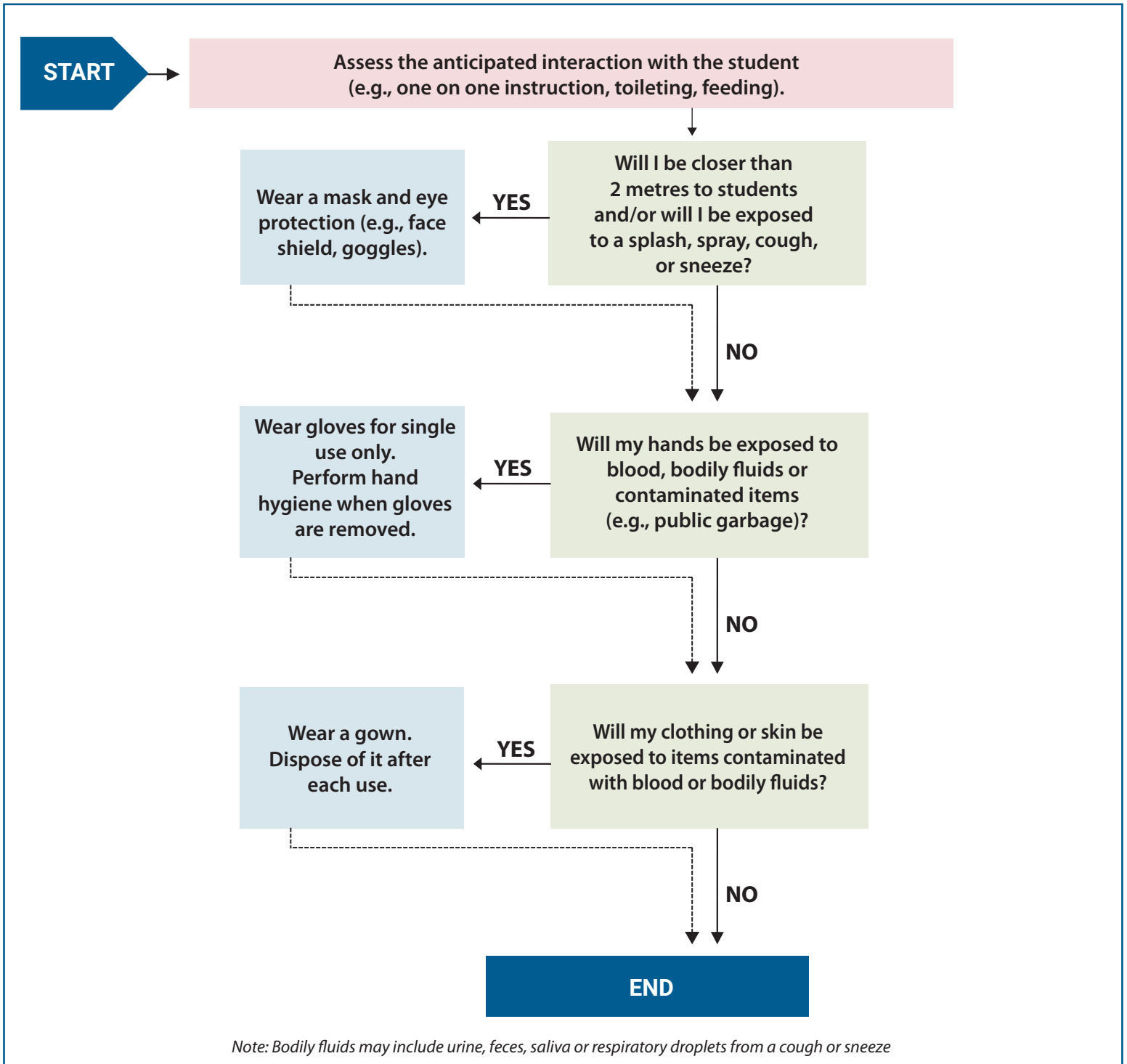
Name: _____

Phone or Email: _____

Assessing PPE Use in Schools

This algorithm is intended to be used by school personnel to assess level of risk and to guide their use of Personal Protective Equipment (PPE). Refer to Recommended Steps for Putting On and Taking Off PPE.

Note: As directed by the Ministry of Education, all school-based staff are required to wear medical masks indoors and outdoors, with reasonable exceptions for medical conditions.



Managing Students with COVID-19 Symptoms at School – Instructions for Staff

Student presents with new or worsening symptoms consistent with COVID-19 (refer to symptom list in the [COVID-19 School Screening Tool](#))

1

Perform hand hygiene, put on procedural/surgical mask (if not already wearing one), and goggles or face shield, and immediately bring student to isolation room.

Gown and gloves are advised if bodily fluids are involved and/or 2m distance cannot be consistently maintained at all times. Refer to [Recommended Steps for Putting On and Taking Off PPE \(Personal Protective Equipment\)](#)

2

Provide student with a procedural/surgical grade mask to be worn if tolerated and ensure student remains in isolation room until able to leave.

3

Notify student's emergency contact and advise regarding:

- Symptoms
- That student needs to be picked up ASAP
- Asymptomatic siblings may remain in school. Family members are not required to self isolate or be tested unless advised by Public Health.
- Public transportation must not be used (taxi is ok)
- Need to notify school upon arrival (e.g., through intercom or by calling) and wait outside of school
- Advise contact to complete the [COVID-19 School Screening Tool](#) with their child and follow guidance provided.

4

Monitor the student until they are picked up.

Maintain at least a 2m distance (if possible). Hand hygiene and respiratory etiquette should be practiced while the ill individual is waiting to be picked up.

If student must use washroom, ensure it is vacant before use and that it is not used by others until it is cleaned and disinfected.

5

When student's emergency contact arrives, ensure a clear pathway to the exit and bring student to the door. Provide "Your Child had Symptoms While at School" Factsheet AND "Back to School Confirmation Form" (See Appendix).

6

Once student has departed, remove PPE and seal in a bag for disposal.

Perform hand hygiene

Refer to [Recommended Steps for Putting On and Taking Off PPE](#)

7

Ensure that all items used by symptomatic student and the isolation room are identified and are cleaned and disinfected.

Any school items that cannot be cleaned must be stored in a labelled and sealed bag or container for 7 days*.

8

Principals must contact the appropriate local public health unit (PHU) to report a confirmed COVID 19 individual. Schools are not required to report all ill individuals to the PHU. Schools are welcome to call the PHU if clarification is required.

- Leeds, Grenville & Lanark District Health Unit: 1-866-236-0123
- Eastern Ontario Health Unit: 1-800-267-7120 (press "5")

*If COVID test comes back negative the contents can be removed from bag.

Return to School Protocols for Students & Staff during COVID-19

The criteria required for a student or staff to return to school following an illness or absence is dependant on:

- If they were a close contact of someone with COVID-19
- If they travelled outside of Canada
- The type of symptoms they experienced
- The results of their COVID-19 test and/or health assessment.

The local Public Health Units (PHU) are not recommending medical notes for return to school. Parents can complete a "Back to School Confirmation Form" (see Appendix) to provide to the school to confirm the child is safe to return to school.

Close Contacts of Someone with COVID-19

Students and staff must self-isolate for 14 days from their last date of exposure, even if they have a negative test result and do not have symptoms. If they have symptoms, household members will need to self-isolate until COVID-19 is ruled out.

Travel Outside of Canada

Students and staff must self-isolate for 14 days, even if they are symptom-free and have a negative test result. Household members do not need to self-isolate if they have not travelled, if they don't have symptoms of COVID-19, and if they are not a close contact of a positive case.

Symptoms in Students

Screening is now divided into two groups of symptoms.

- Sore throat
- Stuffy nose/runny nose
- Headache
- Nausea and/or vomiting
- Diarrhea
- Fatigue/lethargy/muscle aches or malaise

- Fever/chills
- Cough
- Shortness of breath
- Decreased or loss of smell or taste

Students with **only one of these symptoms*** are advised to stay home for 24 hrs. and can return to school 24 hrs. later if the symptom is improving and they have signs they are feeling well**.

Testing is not needed.

Students with **two or more** of these symptoms* or with **one symptom* that is not improving or getting worse after 24 hrs.** are advised to self-isolate until they can get tested and receive a negative COVID-19 test or consult with a health care provider and receive an alternative diagnosis.

Students **with any of these symptoms*** are advised to self-isolate until they can get tested and receive a negative COVID-19 test or consult with a health care provider and receive an alternative diagnosis.

* Not chronic or related to other known causes or conditions

**e.g., only occasional clear mucous from nose; no discharge from eyes; coughing does not interfere with activity; no headache; throat not sore with eating or drinking; eating, drinking and sleeping well; normal personality; enough energy for daily activities.

Symptoms in Staff

It is strongly recommended that staff with any [symptoms of COVID-19](#) and no known alternative diagnosis be tested for COVID-19. The diagnosis of another infection does not exclude the possibility of also being infected with COVID-19.

Return to School Following COVID-19 Test Results

NOTE: While a student/staff is waiting for a COVID-19 test or results, or to be assessed, they must remain in self-isolation and cannot attend school in-person, even if symptoms improve.



Negative COVID-19 Test Result

Students/staff who test negative for COVID-19, and are not a close contact of someone who has tested positive can return to school if **all of the following apply:**

- They do not have a fever for 24 hrs. (without using medication).
- It has been at least 24 hrs. since their symptoms started improving and they have signs they are feeling well**.



Positive COVID-19 Test Result

Students/staff who test positive for COVID-19 will be contacted by PHU to conduct contact tracing. PHU will provide guidance and conduct follow-up with the family of a positive case.

Students/staff who test positive for COVID-19 will remain in isolation until these three conditions have been met or as directed by Public Health:

1. They have isolated for 10 days after the onset of symptoms.
AND
2. They no longer have a fever.
AND
3. Their symptoms have been improving for at least 24 hours.



Not Tested for COVID-19

Students/staff with an alternative diagnosis from a health care provider that is not related to COVID-19 can go back to school once their symptoms have been improving for 24 hours. Family members without symptoms should self-monitor, and can go back to child care, school or work.

If a test is recommended but the student/staff is not tested, they must self-isolate for 10 days from the date their symptom(s) first appeared. These individuals must contact their local Health Unit to determine if further follow up is required, including possible isolation of household members. The Health Unit will advise on when to return to work or school.

**e.g., only occasional clear mucous from nose; no discharge from eyes; coughing does not interfere with activity; no headache; throat not sore with eating or drinking; eating, drinking and sleeping well; normal personality; enough energy for daily activities.

School Protocol When Staff or Students Test Positive for COVID-19

Students/staff who test positive for COVID-19 will remain in isolation until three conditions have been met or as directed by Public Health.

1. They have isolated for 10 days after the onset of symptoms

AND

2. They no longer have a fever (without using medication)

AND

3. Their symptoms have been improving for at least 24 hours.

Students or staff do not need clearance testing or medical notes to return to school. May use Back to School Confirmation Form (see Appendix).

PHU will provide guidance and conduct daily follow-up with the family of a positive case.

Local Public Health Unit (PHU) receives the positive test result and contacts the staff, student (or student's parent/guardian) to conduct case management.

PHU contacts the school administration to ensure notification of the school and request cohort information of positive person.

School and transportation consortium (if applicable) provides information to PHU on student/staff who tested positive for COVID-19 as soon as possible.

PHU will:

1. Perform risk assessment of contacts (cohorts) of positive person.
2. Provide school with list of individuals who are considered high-risk contacts and low-risk contacts.*
3. Contact all high risk contacts.
4. Provide instructions to school/school board on parent communication.
5. Provide school with recommendations for infection prevention and control measures.
6. Determine if an outbreak will be declared.

School distributes communications to parents, guardians, and staff and conducts infection prevention and control measures as advised by PHU. Refer to "Communication Protocol for COVID 19 Case".

Information needed may include:

- Attendance records
- Class/cohort lists and seating charts
- Before and after school child care lists
- Current contact information for students/staff
- Special assignments/programs/activities (e.g., Special Education)
- Records of essential visitors
- Transportation lists and seating charts (Transportation Consortium will provide)

High-risk contacts will be required to: Self-isolate at home for 14 days after they were in contact with student/staff who tested positive and be tested as per Public Health advice.

- Low-risk contacts** will be required to:
- Self-monitor for symptoms for 14 days; at the first sign of possible COVID-19 symptoms, self-isolate, go for testing and notify the local PHU.
 - May continue to attend school/work

Symptomatic students/staff should be tested.

Asymptomatic students/staff who are identified as high risk contacts (e.g., student/staff in the same class as a lab confirmed COVID-19 positive case), are advised to go for testing no earlier than 5 days after initial close contact with the case.

School administrator responsibilities

In the event that a school or PHU are made aware of a positive COVID-19 diagnosis for staff or students, it is essential that the school administrator make key information pertaining to staff and students available quickly for the purposes of contact tracing. This information needs to be accessible by school administrators on short notice, both during and outside of school hours.

Please prepare to have the following information available:

- Attendance records for the specific dates that PHU requests.
- Class lists and seating charts for every class.
- Names, date of birth, and address for each student.
- Up-to-date contact information for the parent/guardian of each student, and for staff.
- Name and contact info for any staff/outside visitors who are not on the class list, that interacted with the class on the dates provided (e.g., Rotary teachers, service providers).
- Before and after program child care lists.
- Special assignments and programs.
- Records of essential visitors
- Transportation lists and seating charts (Transportation Consortium will provide)

Personal health information

*Personal health information may be disclosed to schools and this is for the purpose of contact tracing and should only be used for that purpose. Schools have an obligation to protect the personal information of their students. Do not further disclose the identity of the case except to those other school board employees who require it as part of their job function.

The identity of the case should not be disclosed to parents, or to other students unless deemed necessary by public health or unless given permission to do so by the case or their guardian.

Public health responsibilities

PHU will be responsible for conducting case and contact management activities. Measures will be taken to ensure privacy and avoid disclosure of details to the school community that would lead to the identification of a laboratory confirmed COVID-19 case.

PHU will provide schools with letters that can be used to communicate with their school community. The purpose of this communication would be to provide reassurance and guidance and would not provide specific information or identifying details.

Declaring an outbreak

PHU will be responsible for determining if an outbreak exists, declaring an outbreak, and providing direction on outbreak control measures to be implemented.

PHU will assist in determining which cohort(s) may be sent home, or if a partial or full school closure is required.

PHU will also determine when an outbreak can be declared over.

PHU will report school outbreaks on their website.

Recommendations for Schools During a COVID-19 Outbreak

The Public Health Unit (PHU) will declare an outbreak when there are two or more lab-confirmed COVID-19 cases in children and/or staff (or other visitors) in a child with an epidemiological link, within a 14-day period, where at least one case could have reasonably acquired their infection in the school (including transportation and before/after school care). Here are some actions schools can take to help reduce the impact of the outbreak.

Communicate Outbreak to School Community

- Communicate the outbreak to the school community using the notice from Public Health.
- Post outbreak signage at entrances and affected area.
- Inform outside agencies that use the school/daycare of the outbreak.
- Review the daily symptom screening process for all staff/essential visitors and students and enhance if needed. Promote the use of the COVID-19 School and Child Care Screening Tool.

Reinforce Limited Movement Within School

- Only allow essential visitors into the school.
- Further minimize the movement of staff between cohorts.
- Keep student activities to their required cohorts.
- Discontinue extra-curricular activities, as much as possible.
- Restrict all staff from working in other schools, where possible (including school, transportation, staff from home care agencies or others that provide medical services to those in school).

Review and Reinforce Public Health Measures

- Review the Public Health Ontario Checklist with Public Health staff.
- Review and reinforce with students: hand hygiene, maintaining physical distancing and masking for source control based on requirements for their age.
- Review and reinforce mask and eye protection for staff members.
- Resources:
 - » Recommended Steps for Putting On and Taking Off PPE
 - » Putting on Mask & Eye Protection
- For social settings outside of the school, recommend to staff, students, and their families that they adhere to their household bubbles/circles/cohorts and limit close contacts.
- Review environmental cleaning and disinfection, as well as enhanced cleaning and disinfection for the outbreak area(s). Resource: Public Health Ontario's Environmental Cleaning Fact Sheet

When the Outbreak is Declared Over

The PHU will declare an outbreak has ended when at least 14 days have passed with no evidence of ongoing transmission that could reasonably be related to exposures in the school; AND no further ill individuals associated with the initial exposed cohorts with tests pending.

Communicate to the School Community When the Outbreak has Ended

- Use the notice provided by the PHU to communicate the end of the outbreak at the school.

Note: Cohorts deemed by the PHU to not be affected or not at high-risk of exposure, and who are not required to self-isolate, may return to school prior to the end of the outbreak if epidemiological investigation of the outbreak supports their return, and if follow up measures in the school are implemented, as recommended by the Public Health Unit.



WE HAVE A COVID-19 OUTBREAK

DO NOT ENTER
IF YOU HAVE SYMPTOMS



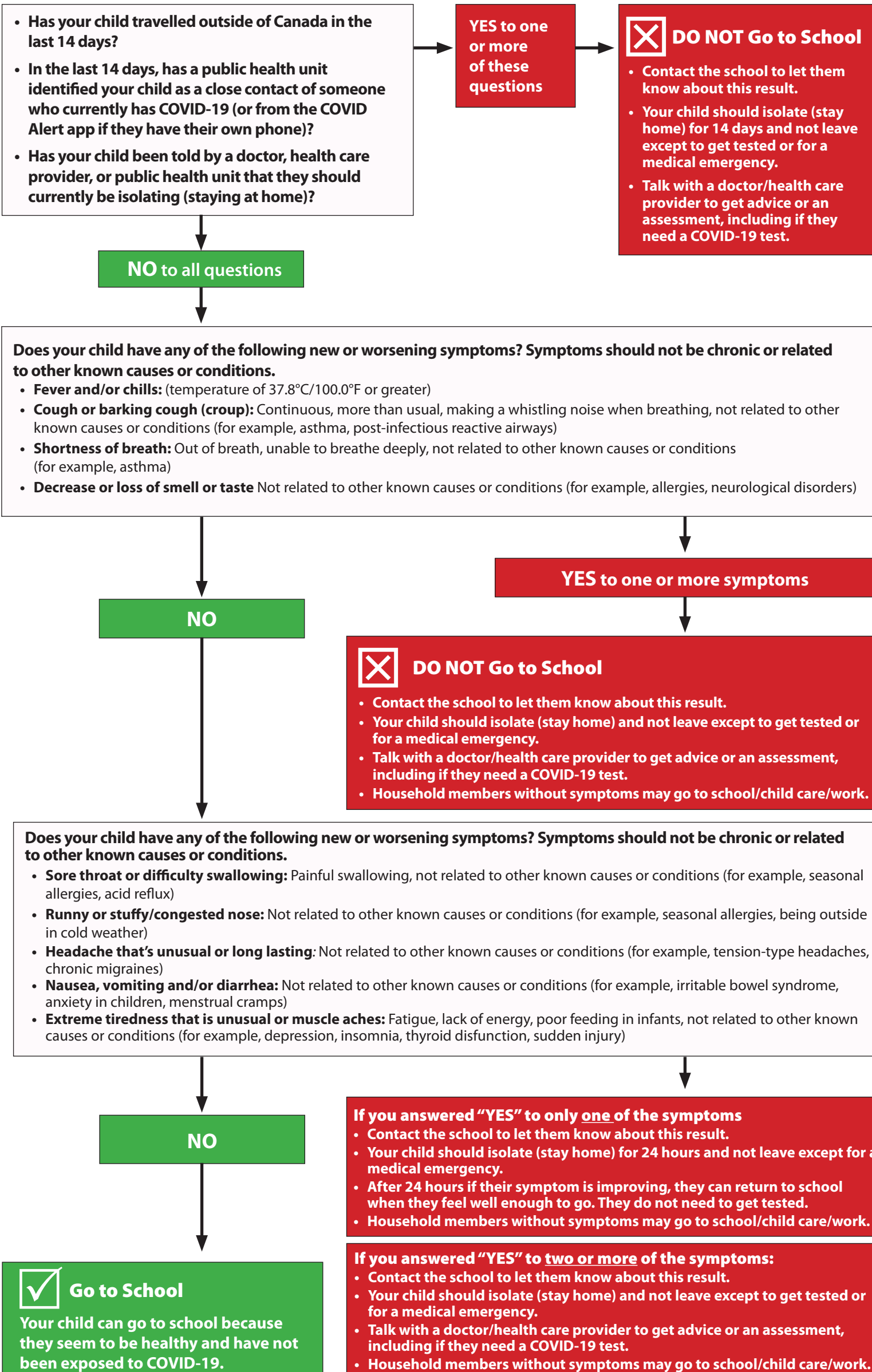
Do your part to **STOP** the spread of illness:

- Screen for COVID-19 before entering
- Clean your hands frequently
- Keep your distance from others
- Follow the school's instructions

APPENDIX

Parent Resources

You must screen for COVID-19 every day before going to school. You can complete this on behalf of your child.



Your Child had Symptoms While at School

During the school day, your child presented with symptoms. As a precaution, your child was separated from other children and monitored by a staff member until you were able to bring them home. This action was carefully explained to your child.

What Should You Do Now?

- Take your child directly home. Siblings in the school who do not have symptoms can stay at school.
- To help guide you, complete the COVID-19 School Screening Tool with your child:
 - <https://covid-19.ontario.ca/school-screening/>
- If you have questions call your health care provider or your local public health unit:
 - Leeds, Grenville & Lanark District Health Unit: 1-866-236-0123 or
 - Eastern Ontario Health Unit: 1-800-267-7120 (press "5")
- Inform the school to let them know about the next steps and if your child can return to school.

1-866-236-0123
www.healthunit.org



Back to School Confirmation Form

Please complete this form to confirm that your child is healthy and able to return to school. By adding your signature, you are verifying that the information is true. Return the completed form to your child's school principal.

Child's Full Name: _____

My child was sent home from or denied entry to school because of an illness that might be COVID-19 on _____ (date - dd/mm/yyyy).

1. I attest that (**INITIAL ONE**):

_____ My child was previously seen by a doctor or nurse practitioner and was diagnosed with a chronic condition, such as allergies or asthma, with the exact same symptoms my child has now.

_____ My child was experiencing only ONE of these symptoms: sore throat, stuffy nose/runny nose, headache, nausea/vomiting/diarrhea, fatigue/lethargy/muscle aches/malaise. They stayed home yesterday to be monitored and their symptom has improved.

Note: If your child's symptom has not improved in 24 hours or if your child had more than one symptom, they need to be tested for COVID-19 or stay home and self-isolate for 10 days.

_____ My child was assessed by a doctor or nurse practitioner on _____ (date). The doctor or nurse practitioner told us that a COVID-19 test was not required and another diagnosis (medical reason) other than COVID-19 explains my child's symptoms (why my child was feeling sick).

_____ My child did NOT have a COVID-19 test but completed 10 days of self-isolation from the date when my child started to feel sick.

_____ My child has received a negative COVID-19 test result after starting to feel sick.

_____ My child has received clearance by Public Health to stop isolating following a positive COVID-19 test result or after being a close contact of someone with COVID-19.

2. I also attest that (**MUST INITIAL ALL**):

_____ My child has NOT been told by Public Health or a healthcare provider to continue to self-isolate.

_____ My child has NOT had a fever in the last 24 hours (without using medication).

_____ It has been at least 24 hours since my child's symptoms started improving (e.g. only occasional clear mucous from nose; no discharge from eyes; coughing does not interfere with activity; no headache; throat not sore with eating or drinking)

_____ My child has signs they are feeling well (e.g. eating, drinking and sleeping well; normal personality; enough energy for daily activities).

_____ My child has completed and passed the COVID-19 School and Child Care Screening.

Based on all the reasons indicated above, I attest that my child may return to school on:

_____ (date - dd/mm/yyyy).

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

1-866-236-0123
www.healthunit.org



1-800-267-7120
www.eohu.ca